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1

.....8
õ .9
õ ..10

2

.....12
õ 13
.16
õ ...18
õ .19
õ ..19
õ õ õ õ õ 20
UVB õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ .20
UV õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ .22

3

õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..25
1. õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..25
2. õ õ õ õ õ õ õ õ õ õ õ õ ..25
3. õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..25
4. õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..27
5. õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..27
6. õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ 27

4

õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..28
õ õ õ õ õ õ õ 29
õ õ õ õ õ õ ...29
õ õ õ õ õ õ õ õ õ õ õ õ õ ..29
õ õ õ õ õ õ õ õ õ õ õ õ õ õ .õ õ õ ..31
õ õ õ õ õ õ õ õ õ ..õ õ .õ õ ...32

õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..33
õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..34

5

õ õ õ õ õ õ õ õ õ õ õ 35
õ õ õ õ õ õ õ õ õ õ 36
õ õ õ õ õ õ õ õ õ õ õ õ õ ..38

õ õ õ õ õ õ õ õ .39
õ õ õ õ õ õ õ õ .39
õ õ õ õ õ õ õ õ õ õ õ õ ..43

õ ..44

õ ..õ 45
õ õ õ õ õ õ õ õ .õ õ õ õ õ ..47
õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ 47

6

õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..50
õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..58

7

õ õ õ õ õ õ õ õ õ õ õ õ õ ..62
õ õ õ õ õ õ õ õ õ õ õ õ õ ..64

.....70

õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..71

õ õ õ õ õ õ õ õ õ õ õ õ õ ..78

õ õ õ õ õ õ õ õ õ õ õ õ õ õ õ ..79

õ õ õ õ õ õ õ õ õ õ õ õ õ ..80



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D.
D3. D3, 7-
D3,

D,
UVA UVB

(), 50%



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C

DNA

32 80

35

(CFC),
FREON

8-10%,
q
UVC.

UVB



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UVC

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.

1).

()

20%

290

3000 nm,

400 760 nm.

UV) 400 760 nm 200 (Ultraviolet, 400 nm, 760 3000 nm, 200-290 nm, UVB 290-320 nm UVC UV 320-400 nm, UVC)

() 2).

()

2 m²

4 kg.

10 ()

()

()

()

()

()

Langer,

32%

30%



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), (, , ,
 ,).
 ,
 , 1,8 . . 1,6 . .
 10 .

- 1.
- 2.
- 3.

4 mm.

- ()
 -
 -
 -



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q

q

8 ()

()

Masson.



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(Lamina Lucida)
(Lamina densa)

(anchoring fibrils),

2.

()



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77%

()
()

2-4%,

.), (Vatter, Pacini
2 mm 30 mm.

D

(

7-

D3,

D.

D

(80%)

D,

(, , . .)

D 200 800 U ()

D.

D

D,



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1

UV

UV-C,

UVB

UV

10'

1.

	UV-C	UV-B	UV-		
		↓	↓	↓	
			↓		
				↓	

(UV)

(Solarium).

q

1.

2.

3.

4.

)

UV

(

1.



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DNA (, UVB)

3. UVA UVB, UVB.

4.
 5. DNA.

2.

UV-C		
UV-B		1. DNA 2. 3. 4. 5. 6.
UV-A		1. 2. 3. 4.

UVB UVB q ,

, q 3-5



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(12-24),

72, , .

20% 13%

308 nm 297 nm q

270 nm,

UVB 12-2 ,

:

UVB (PGE2, PGF2a), (PGD2, PGI2,

UVB , ,

UVB DNA, RNA



DNA

UV **UVA** 600-1000
UVB 10-100 UVB
()

UVA
60 J/cm²
20-60 Mj/cm².
UVA UVB. 20-
UVB
(
3-4
()

UVA,
UVA
DNA

(UV UVA)
(



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(, , .).

1.

q

DNA

DNA

ICAM-1

UVB.



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. q

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2.

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3.

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Langerhans,

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10 .

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1.

10
2-3

2.

UVB

12-24

2

3.



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(UVB. UVA) , UVA , , UVB ,

3-4 (UVB-UVA) UVB UVA

10

()

(DNA)

- - - (DOPA). DOPA-

() , () () () , ,

22

4.

(acide urocanique)

q
1 mg/ml

275 nm,

UVC

260-

5.

).

(

6.

DNA

3

100

3



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q >

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360-500 nm,

UVA

DNA.

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± ȳ

± ȳ ± ȳ ± ȳ
± ȳ ± ȳ ± ȳ

±

(micropigments),

(,

.)

1.

(i 2, UVB)
UVA
UVA.

2.

3.

4.

1.

3.

- :
1. (TiO_2)
 2. (ZnO)
 3. (\quad)
 4. $(\text{Al}_2\text{O}_3 \cdot 2\text{H}_2\text{O}, \text{Al}(\text{OH})_3)$
 5. (FeCl_3)
 6. $(\text{Al}_2\text{O}_3 \cdot 2\text{SiO}_2 \cdot 2\text{H}_2\text{O})$
 7. (CaCO_3)
 8. (MgCO_3)
 - 9.

UVB

UVB

UVA

UVA

UVB.

(sun blockers).

(, .).

Lambert-Beer

q

:

-
- **UVB (290-320 nm).**
 - 1.
 - ()
 - (Padimate O)
 - (Padimate A)
 - (Roxadimate)
 - (Lisadimate)
 - 2.
 - : (Parsol MCX)
 - (Nipasorb D).
 - 3.
 - : (Homosolate)

(Eusolex 6300)

5. - - (Parsol HS, Eusolex 232)

• UVA (320-400 nm).
 1. - - (Arobenzone, Parsol 1789)

• UVB + UVA ()
 1. :
 . 2- -4-
 . -3 (Eusolex 4360, Univul M-40, Escalol 567)
 . 2- -4-
 . -5- -4- -4- .

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.



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q

(3).

ii

ED

(autobronzants),
4-5

UVA

(dihydroxy-acetone DHA),

(3%)
(50%)
(0,035%)
1973

(FDA)

(, ,) , ,
.
,
 , spray stick.
,
.
:
.
(,),
(.), ,
.
C
,
.
.
.
(18 , biolysat
hafnia, centella asiatica),
(W/O)
:
3%
34%
2%
5%
2%
0,5%
() 7,5%
46%



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1.

:

(UVA UVB)

UVA UVB

UVB

UVA,

UVA,

UVA,

UVB,

2.

w/o

stick.

(, ' . . .),

232),
6300, Mexoryl SX) -
(Parsol 1789)

(),
(Eusolex
(Eusolex
(Univul T150),

4.

DNA.

in vitro

(Parsol 1789)
(Eusolex 6300).

CG
K400.

Kathon
Euxyl

, Amerchol L 101.

5.

6.

7.

8.

(water resistant)

20
 20
 (water proof),
 4
 3
 20
 20

1. (water-in-oil emulsions)	
2.	()
3. (acrylate crosspolymer)	-
4.	-
5. (Phospholipid emulsifiers)	()
6. (Film forming polymers)	,

1.

water resistant water proof

2.

3. UV
(inc oxide). (TiO2)

10

1.

85%

VA

SPF (Sun Protection Factor).

UVB

(Minimal Erythema Dose = MED)

4).

SPF = MED

/ MED

SPF

(MED).

MED

SPF

q

SPF

UVB



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20,

SPF

UVA

SPF

UVB

SPF

q

UVA

8-methoxypsoralen

UVA

SPF,

UVA

UV

in vitro ()

(,)

2.



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(Fitzpatrick)

3.

				5q10q
				10q15q
				15q20q
V				20q30q
V				> 30q
VI				

3.

), q

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(/) (

stiks

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 (, . . .).
 :

4.

1. ()	
2. UVA-UVB-	<ul style="list-style-type: none"> • • • • • • • •
3.	<ul style="list-style-type: none"> • • •

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	<p>·</p> <p>· (,</p> <p>, . .)</p>
4.	<p>(, , ,</p> <p>, . . .)</p>
5.	
6.	<p>· : ,</p> <p>· :</p> <p>·</p> <p>· (,</p> <p>):Sticks</p>
7.	

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, spray,

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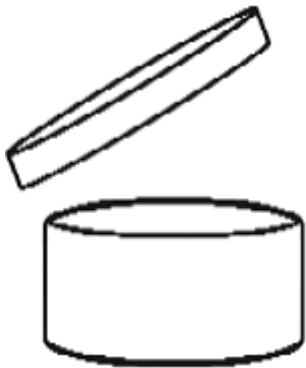
,

spray

. M

spray,

spray



UVB , « » , 15, 20
25,

«Sunblock» «100% »,
UV.
» (SPF) «
»,
UVB.
UVB,
UVA.
UVB,
UVA.

UVA
UVA,



2008.

2mg/cm. H

36

1.

2.

3.

4.



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()

UV

()

99%-100%

11 . . 2 . ..

15-30



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, 7 . .



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Avocado (Oleum Avocado)

Avocado
CALADO-AVOCADO,

,

.

,

.

,

,

(C18, C20, C22)

D, , , C,

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

9.

(Hamamelis virginiana L.)

,

,

,

,



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(Oleum Amygdalae)

(80,8-84%) (1,5-5,4%) (14,8-16%) (-20 C).

(,)

-
-
-
-
-
-

D

q



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(Butyrum Cacao)
 Cacao). (Theobroma
 55%
 ()
 90%
 ()
 q
 (32-37%), (30-36%) (25-30%),
 (2-4%)
 O

iO₂

98% iO₂

(Oleum Olivarum)

3%). (12-15%), (10%) (70-75%), (1,5-
(UV)).

Eutanol G

Oktyl-Dodekanol. Eutanol G

0,866-0,872 gr/cm³.

1%.

(Helianthus Annus)

(Helianthus

Annus)

30-40%

-16 C

(3%)

(58%),
(0,6%).
0,5%.

(34%),

(3,5%),
(75%).

(Isopropyl Myristate)

(Calendula Officinalis)

q ,

60 C.

,

.

,

(Cocos nucifera)

()
(20%).

(45-50%)

,

,

,

q

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1 .

(Cetaceum Spermaceti)

,

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25%

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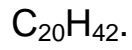
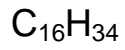
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(Zincum oxydatum) ZnO

(Oleum Paraffini)





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(, 1, 2, 6)

(Oleum Sesami)

(Sesamum

Indicum).

(8,5%),

(4,5%)

(39,0%),

(47,4%),

(0,6%).

1%),

10

18%)
12%),

(0,5-3%)

(1-6%),

1,5-3%.

(56-66%),

(3-
(2-

D,



(200-300

100

(Soya Bean Oil)

20%
(4,5%), (2,3%), (52,5%), (33,5%), (6,5%),
(0,7%)
(0,5-1,5%).
()
(w/o .)

(stearic acid)

0,85gr/cm³.
o/w
o/w

(Simondsia Chinesis)

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300 C,

1974

avocado

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

9

1)

Avocado 25%
Entanol E 5%

0,1-0,3%

2)

Fitrosol B 7%
- 0,5%
2%
10%
80,5%

3)

Giv-tan F 1,5%
65%
Oleyl alcohol 10%
23,5

4)

Fitrosol A 1000 2%
Crodafos N.3 6,8%
Volpo N.3 4,06%
Volpo N.5 2,72%
13%
68%

5)

2%
12%
13%
Filtrosol 1000 3%
70%

6)

Zinc oxide 8%
Prepared calamine 8%
Polyethylene glycol 400 8%
Polyethylene glycol 400 monostearate 3%
Lime water 60%



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00%

7)

4,8%

10%

85,2%

8)

DHA 4%

Ethanol (95%) 28%

Methyl p-hydroxybenzoate 1%

3%

() 1%

0,3%

60,7

2%

(2,6)
 Nivea (Beiersdorf Hellas A.E.),
 Carroten (Ambre Solaire (20%)²⁴)
 (. . spray),
 (15% () 45%), 60%
 18% -20%, 7%, 6% , spray
 4% (. 5).
 5
 40%, (40%)
 6 - 20. 20%
 (. 6).

AMBRE SOLAIRE : 22

- 2, (2 FRESH PROTECT ,
- 4,).
- (5 8, -
- 3,5 7 - MEXORYL SX).
- (12, 20 30 - MEXORYL SX).
- (25 35 - MEXORYL SX.
- (C,
-).
- SPRAYS (10 - Sport 20.
-).
- (30, 60 10, lipstick 20.
-).

Ambre Solaire , 30

BEIERSDORF HELLAS

Beiersdorf Hellas A.E.

Nivea Sun,

- lotion (SPF) 4, 6, 8, 12, 16, 20, 26, 35.
- spray 2, 5, 10, 15, 20.
- 8, 20, 30.
- : Tropical Lotion SPF 2, Tropical Lotion SPF 5, Carotene Lotion SPF 2, Sun Oil SPF 2, Tropical Oil SPF 2.
- : Self Tan Gream
- Self Tan Lotion 15, 25, 35.
- Q10, Spray Lotion

Å SEA O SUN

Sea O Sun,

- lotion 4, 6, 8, 12, 16, 20, 25, 30.
- (lotion).
- : Carotene Sun Milk SPF 2, Carotene Sun Milk SPF 5, Tropical Sun Milk SPF 2, Tropical Sun Milk SPF 5, Carotene Sun Oil SPF 2, Babassu Oil SPF 2.

Year	Description	Quantity	Unit	Value
2006	sprays,			
2007		15,	25	35.
	Nivea Sun			
	Nivea Sun			
	Nivea Sun stand,	24		
	CARROTEN,			20
	Carroten			:
	gel			,
	(7)		.
	(6)		.
	stick			,
	(2)
	(1)
	gel			,
	(2)
2006	Carroten,			
	Carroten			,



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'06.

Carroten
 spray
 8 15.

SCHWARZKOPF & RILKEN

Coppertone,
) 2 25.
 Sport Lotion SPF 8

Waterbabies SPF 30

Coppertone
 Colorkids SPF 25,

24.

DRUIDE . .)

(. . KORRES,

KORRES

Korres 6

- Aloe Vera

5



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SPF 20.

5

- _____

Karité

(UVA-UVB-IR).

- _____ Gel. -gel

()
epilobium

angustifolium

- _____ & _____

jojoba

- _____

Karité

(UVA-UVB-IR).
inophyllum

Calophyllum

DRUIDE

(Natur&Sun DRUIDE
ICEA, AIAB) 6

• 40 () Spf 60 UVA

UVA, UVB, UVC,

Lithothamnium, Arctic Blueberry,

• () Spf 50 UVA 34

UVA, UVB, UVC

Blueberry, PlantO3, Arctic

• Spf 10 UVA 7

UVA, UVB, UVC

PlantO3.

• Spf 25 UVA 17.



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A, UVB, UVC

PlantO3.

Karanja, Arctic Blueberry.

PlantO3.



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õ q

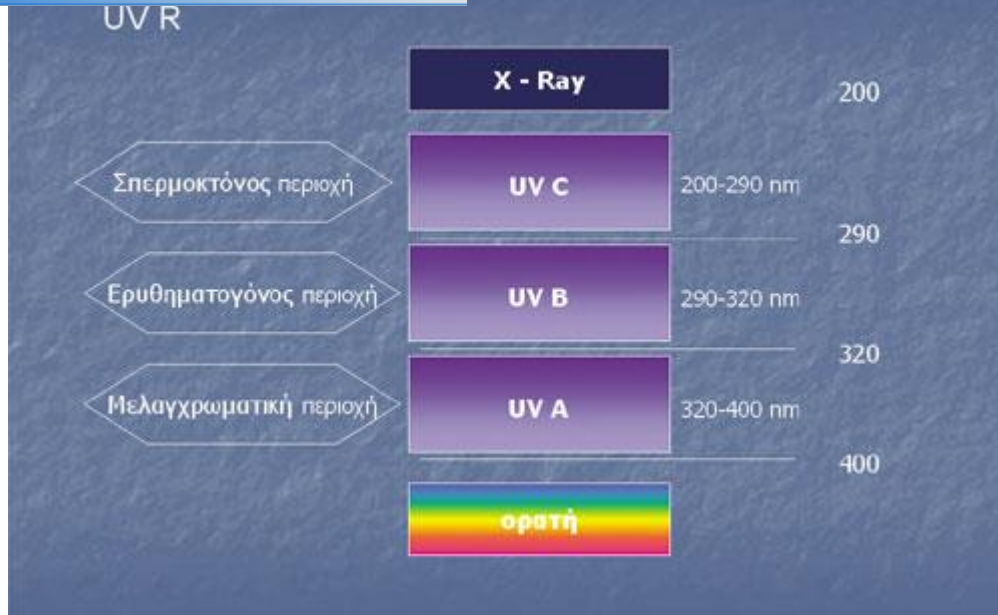
!

· q

1. **1** 14.



2. **2** 14.



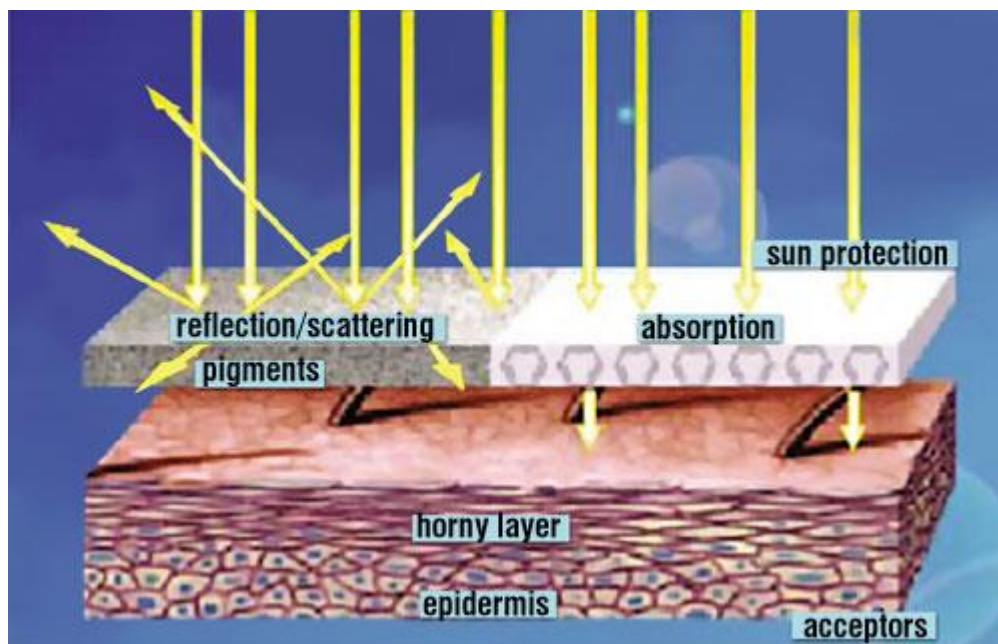
3.

UVA UVB.

UVB. 99%

90% UVA UVA Block (0).

14.



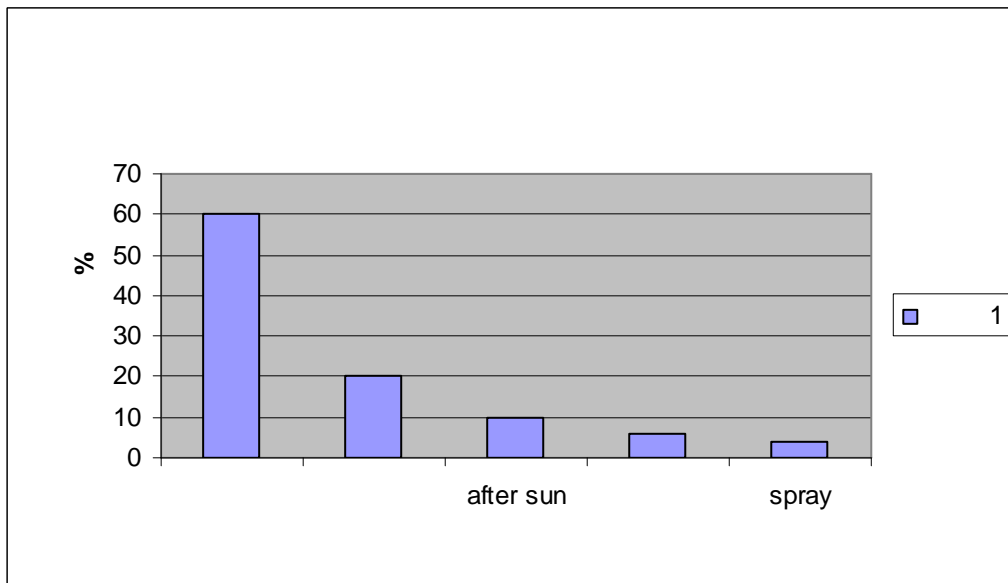
4.

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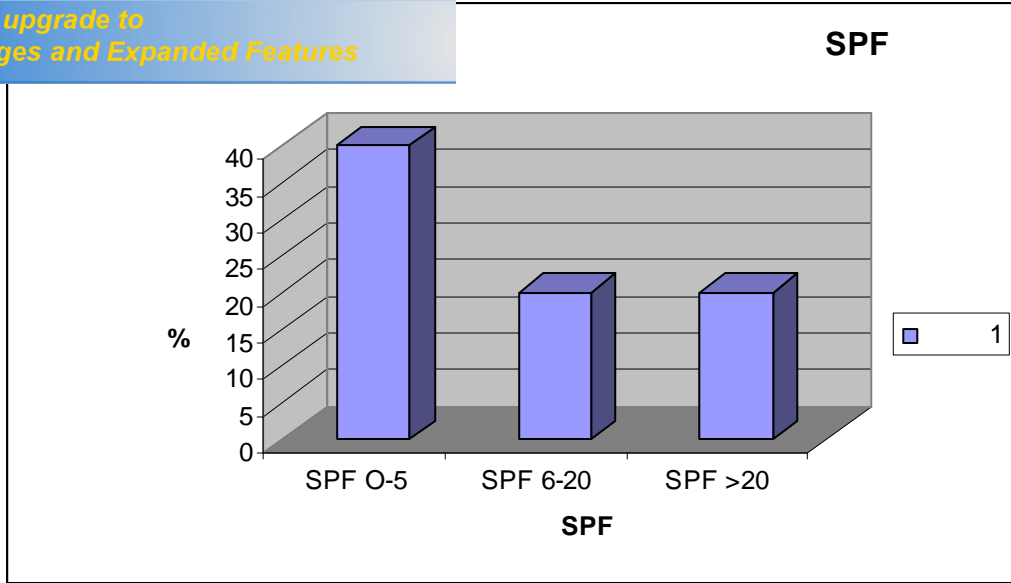
24



5

SPF²⁴.

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K 6

Reference: IP/06/571 Date: 04/05/2006

IP/06/571

, 4 2006

» UV «



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UVA
«sunblocker».



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« »

UVB (UVA (

UVA.

UVA, UVB

100% UVA/UVB/IR

UVA

UVA 30A

UVA

UVB 30/UVA 30

25B 7A

%Sun blockers+ %o ‡ «sunblocker» «

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« », 2mg/cm².

UVA UVB.

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- AIAB**= Biological Agriculture Italian Association
- CTFA**= Cosmetic, Toiletry, and Fragrance Association
- DHA** = dihydroxy-acetone=
- F.D.A.**= Federal Drug Administrator
- ICEA**= Institute of Ethics and Environmental Certification
- LC** = Langerhans
- M.E.D.**= Minimal Erythema Dose
- NIH**= U.S. National Institutes of Health
- =
- SPF**= Sun Protection Factor =



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Autobrozants: .
Federal Drug Administrator: -

Sun blockers: .
Water proof: .
Water resistant: .

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